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# Cooperative Extension

# JOIN US!

**2020**

**REPORT**  
to the Community

# ABOUT US

NC Cooperative Extension, Durham County Center creates opportunities for lifelong learning and connects residents with resources that help improve quality of life. We are part of North Carolina Cooperative Extension, an educational partnership between counties and our land grant universities—NC State and NC A&T—and the United States Department of Agriculture (USDA). The mission of Cooperative Extension is to partner with communities to deliver education and technology that enrich the lives, land, and economy of North Carolinians.

**As part of Durham County Government, we serve the Durham community through the Durham County Strategic Plan and its FIVE GOAL AREAS:**



**Community  
& Family**



**Health  
& Well Being**



**Secure  
Community**



**Environment**



**Visionary  
Government**





**Donna Rewalt**

Durham County Cooperative  
Extension Director

Our team provides research-based education and services based on community needs and interests from agriculture to parenting. **Our programs are free or low-cost and we are always looking for new participants, volunteers, and partners.** As we explore our 2019 accomplishments, we hope that you will consider ways that you too can join us in learning, sharing, and growing. **Join Us!**

# IN 2019

## COOPERATIVE EXTENSION IN DURHAM COUNTY...



Provided  
**733** hours of  
**educational  
programming**

to 10,900 Durham  
County community  
members.



Made over  
**30,000**  
**contacts**

with Durham residents.



Generated just over  
**\$655,700**  
**in grants and donations**



Hosted more than  
**1,700** **community  
meetings**

and events in our building  
during the day, evening,  
and over the weekends.



Conducted Facilitation  
101 training for  
**36** **county  
employees**

through the Durham County Facilitation  
program in collaboration with Durham  
County Strategic Initiatives.

# FARMS & GARDENS



## SEE HOW YOUR FARM OR GARDEN CAN GROW!

Agriculture is alive and well in Durham with more than 230 farms in the county. Durham County has a wide diversity of farms and landscapes, and we are proud to support growers of all sizes and shapes through consultations, business training, and pesticide safety education. For home gardeners and professionals alike, we provide everything from help with soil testing to small farm financial planning. You've probably also seen our Extension Master Gardener Volunteers at local events- or perhaps you've seen the fruits of their labor at the demonstration garden outside our downtown building. By providing educational workshops and expert advice across the county, our professional staff, with the support of trained volunteers, are making Durham County a greener place to live. Come by and see what your farm or garden can grow!



### Over 200 Farmers

Durham County Cooperative Extension provided educational opportunities to over **200 farmers at workshops, field days, and Farm School events.**



### 120 Commercial Landscapers & Farmers

Durham County Cooperative Extension offered pesticide safety education to **120 commercial landscapers and farmers.**



### 1,250 Durham County Youth

Extension Master Gardener Volunteers provided environmental and gardening educational opportunities to **1,250 Durham County youth through preschools, elementary schools, 4H clubs & camps, and various other community gatherings.**



### 90% Reported They're Better Able to Protect Water Quality

Durham County Cooperative Extension has **102 Certified Extension Master Gardener Volunteers.** After completing their training, **90% of these volunteers reported that they are better able to protect water quality** through such techniques as applying fertilizers and pesticides appropriately and reducing storm water runoff through rain barrels or rain gardens.





# GARDEN TO TABLE



## MAKE FARM TO FORK HAPPEN AT YOUR HOME!

We are passionate about food and nutrition at Durham County Cooperative Extension. At our Briggs Avenue Community Garden, community members can grow their own fruits and vegetables. Our **Family & Consumer Sciences** program teaches community members home cooking techniques, nutrition, food safety, and family resource management. Local restaurants call on us to teach their teams Safe Plates food safety. Wouldn't you like to learn how to grow and cook healthy, tasty treats with us?



**1,300**  
lbs of produce  
donated

Durham County Cooperative Extension's Briggs Avenue Community Garden **donated 1,300 pounds of produce** to Durham Technical Community College's Harvest Pantry this year, making sure that our community's young people are well-fed with the freshest fruits and veggies!



**325**  
families  
assisted

Durham County Cooperative Extension **provided information and assistance to 325 families** through programs such as More in My Basket, which provides information about the federal SNAP program, and by teaching Family Resource Management to extend resources for multiple family needs.



**60**  
beekeepers  
trained

Durham County Cooperative Extension collaborated with the Durham County Beekeepers Association Bee School to train **60 new Durham beekeepers**.



**527**  
trained in food  
safety and nutrition

Durham County Cooperative Extension **provided 527 community members food safety and nutrition training** to help Durham families avoid illnesses such as Salmonella.



**6**  
hives  
tended

Durham County Cooperative Extension **tended to six healthy hives** at the Briggs Avenue Community Garden's educational apiary with the help of 12 community-member 'beekeeper trainees', increasing the number of healthy pollinators in our county.





# BECOME A YOUTH LEADER!



Durham County Cooperative Extension is helping create the next generation of active citizens through our 4-H and Kids Voting Durham programs. Extension educators and volunteers help youth gain knowledge, skills, and experience to grow responsible citizens. 4-H Youth Development offers experiential learning through youth clubs and summer camps for children and youth ages 5-19. Kids Voting Durham provides students and their families with civic engagement opportunities through classroom learning, candidate forums, and an authentic voting experience during each election.



**Carolyn Kreuger**  
Kids Voting Durham  
Program Coordinator

I know **an investment in youth today with 4-H leadership opportunities or Kids Voting Durham can translate into a lifetime of civic engagement** that we as a community might never have realized and benefited from otherwise!



## Over 6,000 Youth

**voted in Kids Voting Durham's Mayor and City Council elections** in schools, pop-up voting sites, election day precincts, and online, after having educated themselves with the 2019 Kids Voting Durham youth-created candidate guide and candidate forum videos.



## 5 Scholarships

**Durham County Cooperative Extension provided five scholarships** to our Durham County 4-H Farm to Fork Summer Camp, where kids had the chance to participate in an epic Sodexo sponsored *Battle of the Chefs*.



## 500 Teachers

Through Kids Voting Durham, **more than 500 teachers were trained in new Durham-specific civic education curricula**, including new lessons on Durham City Government and on how to evaluate candidates.



## 100% of Durham teachers

who used Kids Voting Durham resources were very satisfied or satisfied with the quality of the program for their students.



## 16 Club Members

**16 Durham County Cooperative Extension 4-H club members made presentations at the 2019 NC Central District Activity Day**, with 10 award winners.



# JOIN OUR FAMILIES!



## STRENGTHEN YOUR PARENTING & ADVOCACY SKILLS

Come into the Durham County Cooperative Extension office on a typical morning and you'll see grandparents, moms & dads, and even babies & toddlers actively engaged in learning skills from tummy time to PowerSchool navigation. Our Welcome Baby, Parent Advocacy, and Grandparent/Caregiver Support programs offer families training in evidence-based practices and a strong sense of community.



### 100% of the Parents

who completed Incredible Years through Durham County Cooperative Extension's Welcome Baby program reported statistically significant increases in positive parenting behaviors such as providing appropriate discipline or setting clear expectations.



### Latino Parent & Family Advocacy and Support Training

Durham County Cooperative Extension's Latino Parent & Family Advocacy and Support Training helped 56 Spanish-speaking Latino parents increase their understanding of the school system and their ability to advocate for their student's education.



### 286 Car Seats to 283 Families

The Durham County Cooperative Extension Welcome Baby program distributed 286 car seats to 283 families and instructed them in car seat safety.



### 117 Cribs

The Durham County Cooperative Extension Welcome Baby program distributed 117 cribs to families of newborns and gave them expert training in safe sleep SID prevention.



### 15 Durham Professionals to Be Facilitators

Durham County Cooperative Extension's Parent Advocacy and Support program trained 15 Durham professionals to be facilitators for the Parent & Family Advocacy and Support Training program, extending this research-based program to more Durham families.

# PROGRAMS

- Car Seat Safety
- Giving Closet
- Grandparents Raising Grandchildren
- The Incredible Years – Autism and Language Delays
- The Incredible Years – Babies
- The Incredible Years – Preschool
- The Incredible Years – Toddler
- Kids Voting Durham Family Engagement
- Latino Parent & Family Advocacy and Support Training
- Motherhood Birth and Beginning Years
- Parenting the Second Time Around
- Parent & Family Advocacy and Support Training
- Parents as Leaders Training (PAL)
- Positive Discipline
- Safe Sleep SIDS Prevention
- Parents as Teachers- Teen Parenting
- Triple P
- Very Important Parents (VIP)



Every interaction that I have with a parent in which they are awakened to action through our shared learning makes for a wonderful day! **Join us by becoming a trained facilitator, sponsoring a class at your school, or inviting families to join us!**



**Angelina Schiavone**  
Latino Outreach Specialist

# VOLUNTEERS & PARTNERS



From the volunteers who sort baby clothes for new parents to the Extension Master Gardener Volunteers who share their extensive knowledge about all things green, we reach further, deeper, and wider thanks to our many partners. We would like to extend a special thanks to the partners, donors, and contributors below who have made a difference in 2019.

- Book Babies, Book Harvest
- Boys and Girls Club of Durham and Orange Counties
- Boy Scout Troop #424
- Bull City Burger
- Bull City Farm
- Camelot Academy
- Carolina Arbors Retirement Community
- Cascade at Durham
- Central Park School for Children
- City of Durham, Office on Youth
- Club Boulevard Elementary School
- Cisco
- Diaper Bank of North Carolina
- Duke Children's Primary Care Roxboro Street
- The Duke Endowment
- Duke Energy Retirees
- Duke University School of Medicine
- Durham Center for Senior Life
- Durham County Beekeepers Association
- Durham County Board of Elections
- Durham County Department of Public Health
- Durham County Library
- Durham County Social Services
- Durham County Soil and Water
- Durham Housing Authority
- Durham Nativity School
- Durham Parks and Recreation
- Durham's Partnership for Children
- Durham Pregnancy Care Management
- Durham Police Department, Police Explorers
- Durham Public Schools
- Durham Rescue Mission
- Durham Safe Kids
- Durham School of the Arts
- Durham Senior Games
- Durham Technical Community College
- Durham Youth Commission
- Early Childhood Education Program at Durham Technical Community College
- E.K. Powe Elementary School
- End Hunger Durham
- Eno Valley Elementary School
- Extension Community Association
- Family Connects Durham
- Families Moving Forward
- Farm Bureau
- Fayetteville Street Elementary School
- Global Scholars Academy
- Guardians as Parents
- Hillside High School
- Hillside New Tech High School
- Holy Infant Church
- Hosiery Mill Senior Housing
- The Hub Farm, Durham Public Schools
- Immaculata Catholic School
- Immaculate Conception Catholic Church, Ángeles En Acción
- J.F.K. Towers Senior Housing
- J.J. Henderson Senior Housing
- Jordan High School
- Junior League of Durham and Orange County
- Lakewood Montessori Middle School
- Lincoln Community Health Center
- Locopops
- Measurement Incorporated
- Merrick Moore Elementary School
- Monuts
- Morehead Montessori Elementary School
- Motorco
- Museum of Life and Science
- My Durham
- Nasher Museum of Art at Duke University
- Neighborhood Improvement Services Department, City of Durham
- Newborns in Need Triangle
- North Carolina Agriculture Foundation, Inc.
- North Carolina Central University Student Volunteers
- Oldham Towers Senior Housing
- Partners for Youth Opportunity
- Pearsontown Elementary School
- PORCH Durham
- The Regulator Bookshop
- Riverside High School
- Safe Kids Durham County
- Sarah P. Duke Gardens
- SEEDS
- Sodexo
- Southern High School
- Southwest Elementary School
- Structure House
- TreesDurham
- University of North Carolina at Chapel Hill APPLES Service Learning
- W.D. Hill Senior Center
- White Rock Baptist Church
- White Rock Child Development Center



**Erin Matoko**

Volunteer Coordinator

Our volunteers make a world of difference for every single program area at Cooperative Extension. **Without their generous dedication of time, energy, and skills, we would not be able to serve the community in the capacity that we do.** I count it a true joy and honor to work with and learn from so many outstanding volunteers on a daily basis!



 **14,020**  
HOURS

Durham County Cooperative Extension volunteers contributed 14,020 hours of work.

 **\$63,500**  
DONATED

The Durham community donated clothing and equipment valued at over \$63,500 to provide needed supplies to 1,863 new parents who visited the Durham County Cooperative Extension's Welcome Baby Giving Closet.



**13,196**  
EDUCATIONAL  
CONTACTS

Certified Extension Master Gardener Volunteers of Durham County made 13,196 educational contacts with residents, presenting on gardening topics, providing advice at plant information booths & events, and answering phone calls & emails through the Extension Master Gardener Hotline.





Best Team  
Work  
2010

# JOIN US

BE A **VOLUNTEER**

GROW YOUR OWN **FOOD**

LEARN TO **COOK**

STRENGTHEN YOUR **PARENTING SKILLS**

BECOME A **PARENT ADVOCATE**

EAT **HEALTHIER**

BECOME A **YOUTH LEADER**



Cooperative Extension



**NC Cooperative Extension  
Durham County Center**

721 Foster Street, Durham, NC 27701

(919) 560-0525

<https://durham.ces.ncsu.edu>

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