Family Financial Resource Management programming provides financial literacy skills to families in budgets, taxes, and managing money.*  
- Seventy USSF case workers and employers renewed financial literacy training to better serve their clients in need of financial guidance and education.

Parent-Child Literacy and Reading (PCLR) and Parent-Child First (PCF) offer classes to promote literacy and reading skills among children to help their children succeed.  
- Support for the Parent-Child Literacy and Reading (PCLR) and Parent-Child First (PCF) offers classes to promote literacy and reading skills among children to help their children succeed.
- Sixty percent of parents completing PCLR reported increased confidence and competence in working with their child's school.

The Strengthening Families Program: For Parents and Youth (SFP) is a research-based curriculum that teaches families and youth skills building program that will promote children's well-being and strengthen families.
- Seventy percent of parents and youth completed the SFP 10-14 showed evidence of improved family communication and parenting practices.
- In partnership with Communities in Schools, 20 additional participants received individualized support to promote the SFP 10-14 in English and Spanish.

Powerful Tools for Parents is a support service for caregivers of children with disabilities to learn about the importance of addressing their child's emotional and physical health and ways to maintain positive well-being.
- Twenty sites in a dozen counties have reported significant benefits: 114% fewer hospital admissions, 6.5 fewer clinic visits, 8.7 fewer emergency department visits, and $200 million in medical costs.
- Nineteen percent of parents experienced improved health outcomes and decreased stress.

Single Mommy with Heart (SMWH) is a heart health education program with an unmet need and is improving cardiovascular health of American women by 2016. SMWH was affiliated with the American Heart Association and the Mayo Clinic.
- Family doctors learned the importance of cardiovascular health and heart healthy meals.
- In the first year, 2.1% of women read the Heart Health Report.

Sedentary is an 18-week Food Service Certification course developed by The Durham County Extension Service and the National Restaurant Association. The course is designed for food service managers and supervisory staff in restaurants, hospitals, nursing homes, child care facilities, and other food-related establishments.
- Changes and Durham County Cooperative Extension and the Health Department sponsored a week-long Sedentary Reduction Managers Certification Training.
- In 2013, 13 participants took this week-long Sedentary Reduction Managers Certification Training to reduce their risk of heart disease and cancer.

The Durham Extension Master Gardener Program in a 24-week program that prepares volunteers to become Master Gardeners to teach others about horticulture for the community. Master Gardeners complete a 24-week, 120-hour training program followed by one year of monthly volunteer service and plant identification requirements.
- Twenty eight individuals completed the 2012 program. Twenty-eight Master Gardeners (MGs) volunteered over 100 hours to teach 1,000 people about plants.
- In 2013, 14 Durham Master Gardeners completed the 24-week program, 100 hours each, and 150 Master Gardener Volunteers in the Extension Master Gardener Volunteer 109.
- In 2017, 14 Durham Master Gardeners completed the 120-hour program, 100 hours each, and 100 Master Gardener Volunteers in the Extension Master Gardener Volunteer 303.

Raw-Avana Community Garden is a garden with the help of people with disabilities in Durham. Family members of all ages work together and are provided the resources and training they need to grow their own fresh fruits and vegetables.
- A total of 210 plot owners and gardeners (66 individuals) grew approximately 140 pounds of produce in 120 plots over 14 weeks, which resulted in 430 RTS bottled and delivered to a local food pantry.
- Gardeners received instruction on sustainable agriculture and nutrition education, including monthly meetings, and field trip opportunities to other gardens.
- Twenty-five youth participated in an Agriculture Entrepreneurship summer training program to grow produce for their families and to those in need.

The Community Transportation Program (CTP) connects transportation services for any resident who has trouble getting to a doctor, grocery store, or a prescription. The program ensures access to transportation through the Durham County Commission of Aging (DCCOA) for medical, employment, shopping, and other personal care needs.
- A representative provides week-end trips to all towns in the county but has no transportation to their homes. They began providing transportation to their homes. They began providing transportation to their homes.
- For more information, call 211 (ccc) or 330-2001.

Using the ReUse It! program, community partners, Cooperative Extension partners with community partners to help people improve their lives. This program provides community service opportunities to help people improve their lives. This program provides community service opportunities to help people improve their lives. This program provides community service opportunities to help people improve their lives. This program provides community service opportunities to help people improve their lives. This program provides community service opportunities to help people improve their lives.

Forestry: Durham County allows participants to walk the trails of a typical New England forest and experience the daily realities of a struggling farm in a single day. The trail was designed to be a way for visitors to connect with nature and each other. The trail is divided into sections that highlight different aspects of forestry, including wildlife, water, and soil management.

Sedentary Reduction (SedRec) is a group of community members interested in sedentary reduction to prevent premature death and obesity, encouraging healthy lifestyles and promoting physical activity. SedRec is a group of community members interested in sedentary reduction to prevent premature death and obesity, encouraging healthy lifestyles and promoting physical activity. SedRec is a group of community members interested in sedentary reduction to prevent premature death and obesity, encouraging healthy lifestyles and promoting physical activity. SedRec is a group of community members interested in sedentary reduction to prevent premature death and obesity, encouraging healthy lifestyles and promoting physical activity.